

TALKING TO YOUR KIDS ABOUT DRUGS

what parents need to know

- 1 Talk frequently
- 2 Show interest
- 3 Be careful what you say
- 4 Be careful how you say it
- 5 Know the facts about drugs/ alcohol/tobacco
- 6 Be respectful & genuine
- 7 They talk, you listen
- 8 Scare tactics don't work
- 9 Control your emotions
- 10 Take advantage of teachable moments

As a parent, you worry about your kids using drugs, alcohol and tobacco. Talking will help them make good choices, but you may not be sure what to say or how to say it. Learn more about these 10 tips to help you Start Talking today at

starttalking.ohio.gov

Start Talking! 
Building a Drug-Free Future

2:00AM