TALKING TO YOUR KIDS ABOUT DRUGS
what parents need to know

1. Talk frequently
2. Show interest
3. Be clear
4. Be consistent
5. Know the facts about drugs/alcohol/tobacco
6. Be respectful & genuine
7. They talk, you listen
8. Scare tactics don’t work
9. Control your emotions
10. Take advantage of teachable moments

Learn more about these 10 tips to help you Start Talking today at starttalking.ohio.gov

Start Talking!
Building a Drug-Free Future
START TALKING!
BUILDING A DRUG-FREE FUTURE

Parents, mentors and peers make a difference just by talking to the young people in their lives about drug abuse.

Know! provides emails twice a month with tips and current facts about alcohol, tobacco and other drugs, as well as action steps to help children resist peer pressure to use. Subscribe for free at https://www.drugfreeactionalliance.org/known